**Mentoring Worksheet\***

**Mentor: Mentee: Date of Meeting:**

**Goal: Teaching**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

**Goal: Research**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

**Goal: Clinical Care**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

**Goal: Community Engagement**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

**Goal: Service/Administration**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

**Goal: Self Development-(Networking, Work-Life Balance, Additional Mentors)**

□Goal Met □ Making Progress □ No Progress □ Not Applicable

Accomplishments:

Obstacles:

New goal or strategy to overcome obstacles (if needed):

\*Document: Mentoring Update Worksheet - Accessed and Modified from University of California-Davis Health