

LAURA E. FREILICH, M.D., F.A.C.P.

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EDUCATION:

Fellowship:

2011-2013 Biopsychosocial Medicine Fellowship Program,
Michigan State University
2010 – 2011 Primary Care Faculty Development Fellowship Program,
Michigan State University, May 2011

Residency:

2005 – 2008 University of Chicago, Internal Medicine Residency Program,
Chicago, IL, June 2008

Medical School:

2001 – 2005 University of Chicago, Pritzker School of Medicine, Chicago, IL
M.D., June 2005

College:

1995 – 1999 Columbia University New York, NY
B.A., May 1999
Major: Neuroscience and Behavior

CERTIFICATION:

USMLE Step I, June 2003
USMLE Step II, Sept 2004
USMLE Step III, Jan 2008
American Board of Internal Medicine Exam, Aug 2008
ABIM Re-certification Exam, Sept 2018 (2-year Knowledge Check-In)
American Board of Obesity Medicine, February 2020

LICENSURE:

Illinois, 4/2008
Michigan, 2/2010

ACADEMIC

APPOINTMENTS:

August 2010 – present Assistant Professor
Michigan State University
Department of Medicine, College of Human Medicine (CHM)
July 1, 2009 – July 2010 Clinical Instructor
University of Chicago Pritzker School of Medicine

PROFESSIONAL

EXPERIENCE:

August 2010 – present **Michigan State University, College of Human Medicine, East Lansing, MI**
Assistant Professor, Department of Medicine
Residency Program Key Faculty (2012 – present)
Associate Clerkship Director, Internal Medicine (2016 – present)
Sept 2008 – July 2010 **NorthShore University HealthSystem, Glenview, IL**
General Internist
Affiliated with University of Chicago Pritzker School of Medicine

HONORS/AWARDS:

2016 Excellence in Teaching of Internal Medicine, Residents' Award
2018 Fellow, American College of Physicians
2018 MSU CHM Outstanding Clinician Award

CURRICULUM DEVELOPMENT:

2017-2018 CHM Shared Discovery Curriculum Development

- LCE (3rd year clerkship) requirements and organization
- Primary Care Selective

August 2014 MSU College of Human Medicine Pain Curriculum Summit
January 2012 – present Development of a New Model for Mental Health Training in Residencies
Sept 2010-May 2011 Telephone Medicine: Often Used, Rarely Taught

TEACHING EXPERIENCE:

August 2010 – 2016 **MSU CHM Undergraduate Medical Education (Years 1&2)**

- Problem-Based Learning group preceptor
- Interactional Skills – Introduction to Medical Interviewing
- Clinical Skills – Introduction to the physical exam
- Mentor group – worked with first- and second-year medical students

July 2016 – present **MSU CHM Undergraduate Medical Education**

- Associate Clerkship Director
- Various teaching modalities from bedside to didactic for 3rd year students, including ECG teaching
- Precepting simulation experiences for ECE and MCE students (1st and 2nd years)
- MCE ECG teaching (2018,19)

August 2010 – present **Graduate Medical Education**

- Outpatient Site Director, MSU/Sparrow Internal Medicine Residency (2012-2019)
- Psychosocial Medicine rotation, Director 2020-present (Co-director since 2017-20;)
- Residency Wellness Director 2020-present
- Clinical precepting in clinic and on the wards
- Didactics on various ambulatory and psychosocial medicine topics.

RESEARCH EXPERIENCE:

2012 - Present **Michigan State University College of Human Medicine, Department of Medicine, Mentor - Robert Smith, MD**
Mental Health Care in Primary Care

May – October 2007 **University of Chicago Medical Center, Department of Internal Medicine, Mentors - Julie Oyler, M.D., Vineet Arora, M.D. Chicago, IL**
QI Project: Improving the Medication Refill Process in the Primary Care Group

January – August 2002

**University of Chicago Department of Internal Medicine,
Section of Geriatrics**, *Mentor - Greg Sachs, M.D. Chicago, IL*
Palliative Excellence in Alzheimer Care Efforts (PEACE) Program: Strain in
Caregivers of Patients with Dementia

July 1999 – June 2001
Summers 1997, 1998

**Children’s Memorial Institute of Education and Research:
Pediatric Brain Tumor Research Program, Department of
Neurosurgery**, *Mentor - Eric Bremer, Ph.D. Chicago, IL*
Research Assistant

PUBLICATIONS:

- 1. A Curriculum for Training Medical Faculty to Teach Mental Health Care—And Their Responses to the Learning.** Freilich L, Lyles J, Sharma M, Kavuturu S, Laird-Fick H, Grayson-Sneed K, Smith RC. JCOM, 2020, 27: 166-173.
- 2. Essentials of Psychiatry in Primary Care: Behavioral Health in the Medical Setting.** R. Smith, D. D’Mello, G. Osborn, **L. Freilich**, F. Dwamena, H. Laird-Fick. McGraw-Hill Publishing Company. June 2019
- 3. Teaching Residents Mental Health Care.** Smith RC, Laird-Fick H, Dwamena FC, **Freilich L**, Mavis B, Grayson-Sneed K, D’mello D, Spoolstra M, Solomon D. Patient Education and Counselling, 2018; 101:2145-2155
- 4. A Questionnaire Identifying Four Key Components of Patient Satisfaction With Physician Communication.** Grayson-Sneed K, Dwamena FC, Smith S, Laird-Fick H, **Freilich L**, Smith RC. Patient Education and Counselling 2016; 99:1054-1061
- 5. Behavioral Health Problems in Medical Patients.** Francesca Dwamena, Heather Laird-Fick, **Laura Freilich**, Dale D’Mello, Feffrey Frey, Anthia Dasari, Katelyn Grayson-Sneed, David Solomon, Robert Smith. JCOM 2014, Vol. 21, No. 11.
- 6. Addressing mental health issues in primary care: An initial curriculum for medical residents.** R Smith, H Laird-Fick, D D’Mello, F Dwamena, A Romain, J Olson, K Kent, K Blackman, D Solomon, M Spoolstra, A Fortin VI, J Frey, G Ferenchick, **L Freilich**, C Meerschaert, R Frankel. PEC January 2013.
- 7. Deconstructing Difficult Encounters.** Heather S. Laird-Fick, MD, MPH; **Laura Freilich**, MD; Churlsun Han, MD; Robert Smith, MD, MS. J Clin Outcomes Manage 2012 November;19(11).
- 8. Microarray analysis detects novel Pax3 downstream target genes.** Mayanil CS, George D, **Freilich L**, Miljan EJ, Mania-Farnell B, McLone DG, Bremer EG. Journal of Biological Chemistry 2001 Dec 28;276(52):49299-309. Epub 2001 Oct 05.

PRESENTATIONS:

- 1. Inhibitory effect of antisense oligonucleotides targeting epidermal growth factor receptor may not be related to changes in mRNA levels in human prostate carcinoma cells.** Mirochnik Y, Bremer EG, George D, Freilich L, Guinan P, Rubenstein M. Presented at the AACR meeting on Signal Transduction, 2001.
- 2. Molecular Classification of Pediatric Brain Tumors by Gene Expression Profiling.** Eric G. Bremer, David George, Patricia Dyck, Yong Hong Zhang, Laura Freilich, Guillermo DeLeon, Tadanori Tomita, and David G. McLone. Abstract presented at NeuroOncology 2002.
- 3. Strain in Caregivers of Patients with Dementia.**
 - Presented at University of Chicago Pritzker School of Medicine NIH Summer Research Program, 2002
 - Presented at Northwestern University Beuhler Center on Aging Summer Geriatrics Program, 2002.
- 4. Quality Improvement Project: Improving the Medication Refill Process in the Primary Care Group.** University of Chicago Medical Center, Dept of Internal Medicine, 2007. Bridget O'Brien, Laura Freilich, Salil Ginde, Adam Price, Tojo Thomas, John Yoon.
 - Poster presentation at University of Chicago 3rd Annual Quality Fair, October 17th, 2007
 - Presented at University of Chicago *Quality In Progress*, December 17th, 2007
- 5. Telephone Medicine: Often Used, but Rarely Taught**
 - Primary Care Faculty Development Fellowship Program, May 2011
 - Winner of Best Poster
 - Society for General Internal Medicine, Midwest Regional Meeting, Sept 2011
 - International Conference on Communication in Healthcare, Poster, Sept 2013 (accepted, but not presented due to family emergency)
- 6. Training Medical Physicians To Provide Mental Health Care Webinar** by Michigan Primary Care Association, May 08, 2014

UNIVERSITY COMMITTEES:

2010 – present	Key Faculty for Internal Medicine Residency Program
2010 – present	Training and Evaluation Committee (TEC)
2014 – present	Division of General Internal Medicine Faculty Search Committee
2017 – present	Ambulatory Provider Workgroup (co-founder)
2017 – 2019	MSU HealthTeam Patient and Family Advisory Council Committee
2017 – present	MSU HealthTeam Risk Management Committee
2018 – 2020	MSU HealthTeam Governing Board
2018 – present	Department of Medicine Peer Review Committee
2021	Athena Provider Super User workgroup
2021	Sparrow Well-Being Committee (GME)

PROFESSIONAL MEMBERSHIPS:

2008 – present	American College of Physicians
2011 – 2013	Society for General Internal Medicine
2013 – 2014	American Academy on Communication in Healthcare
2019 – present	Obesity Medicine Association